

# KIMBERLEY REGIONAL ABORIGINAL MEN'S HEALTH SUB-COMMITTEE

## Purpose

KRAMHS is responsible to the Kimberley Aboriginal Health Planning Forum (KAHPF). Its collaborative purpose is to benefit all members and the communities they serve by working together to identify strategies and activities that improve the health, wellbeing and mental health outcomes of Kimberley males, reduce incidences of self-harm, violence and alcohol and other drug use, increase proportion of men who have regular health checks, support men's wellness groups and build the number and capacity of male health workforce in the region.

## Vision

The Kimberley Regional Aboriginal Men's Health Sub-committee (KRAMHS) works together to improve the health, wellbeing, and mental health of Aboriginal men across the Kimberley. The group aims to reduce self-harm, violence and drug and alcohol use, support men's wellness groups, encourage regular health checks, and grow the number of male health workers in the region.



**Kimberley  
Aboriginal  
Health**  
Planning Forum

# Kimberley Aboriginal Male Health Priorities

## HEALTH ACCESS AND SAFE SPACES

**PRIORITY 1**  
Increase the number of appropriate spaces for Aboriginal men to gather, access health and wellbeing services, and practice Culture

### ACTIONS:

- Support towns and communities to have an active men's shed or space.
- Look at funding opportunities to establish men's sheds or safe spaces.
- Identify current traditional healing centres and programs based in the Kimberley.
- Develop a system/calendar for services linked to the sub-committee to share key events, camps and travel.
- Support health or other organisations to run on-Country camps.
- Explore partnerships with the Kimberley Aboriginal Law and Cultural Centre to support Cultural healing services/support.
- KRAMHSC to collaborate and work together on targeted health events/activities.

**PRIORITY 2**  
Ensure men have access to culturally safe health services and other supports

### ACTIONS:

- Encourage services to conduct the cultural safety framework self-assessment (KAHPF).
- Support integration of Traditional Healers into care plans.
- Prioritise structured support systems for Aboriginal male health workers in communities to retain workforce.

**PRIORITY 1**  
Increase the number of Aboriginal men in the health workforce

### ACTIONS:

- Increase the number of males enrolled in and completing Aboriginal Health Worker/Practitioner (AHW/P) courses.
- Explore innovative approaches to increase male recruitment in health-related roles.
- Designate a male role to be included in Kimberley Aboriginal Medical Services' (KAMS). Registered Training Organisation promotion roadshow for AHW/P training.
- Capture baseline data to identify current Aboriginal male employment statistics across KAHPF and associated member organisations.
- Provide technical and program support to the current Aboriginal male health workforce.

**PRIORITY 2**  
Provide culturally appropriate opportunities to support and empower Aboriginal men as positive role models

### ACTIONS:

- Engage the Kimberley Aboriginal Health Research Alliance to undertake a research project on developing a culturally appropriate male parenting program.
- Develop a working relationship with the Australian Family Partnership Program (AFPP) team to provide support for young dads.
- Work with KAMS Leadership to include male Family Support Workers within the AFPP.
- Explore other initiatives to highlight and promote men as leaders.

**PRIORITY 1**  
Promote 715 Health checks and increase the number of Aboriginal men receiving care

### ACTIONS:

- KRAMHSC develop a different 715 title + , education campaign and roadshow rollout action groups (importance of regular checks).
- Develop and deliver a 715-health check campaign drive across the Kimberley.
- Support the set-up and rollout of mobile health clinics in towns and communities.
- Develop a Kimberley version of 'Pit-Stop' health check programs.
- Support regular weekly male-only, dedicated primary health care service access.
- Clinic On Wheels – Develop a business plan for a regional mobile clinic asset.

**PRIORITY 2**  
Provide education and support for the prevention of chronic disease in Aboriginal men

### ACTIONS:

- Develop and deliver a chronic disease health awareness campaign across the Kimberley.
- Explore current chronic disease educational resources and training and deliver to Kimberley men.

**PRIORITY 3**  
Increase STI testing and treatment for Aboriginal men with a focus on improving access to testing

### ACTIONS:

- Deliver annual STI testing clinics in towns and communities.
- Provide STI education and awareness activities in towns and communities.
- Work with Aboriginal Community Controlled Health Services and Aboriginal Community Controlled Organisations to plan and deliver targeted STI testing events in remote communities.
- Scope current STI education and awareness service delivery and support provision in communities which do not have access or support.
- Develop localised sexual health education material.

**PRIORITY 4**  
Reduce and encourage the safe use of alcohol and other drugs for Aboriginal men

### ACTIONS:

- Consult and work with community leaders, including young people, to develop and deliver AOD truth-telling campaigns.
- Link in with male safe spaces/sheds to support reduced use of AOD and/or sobriety.
- Target Kimberley Empowerment Healing and Leadership Progr funding and training for staff to deliver across the Kimberley.
- Work with KAHPF members to understand how the KRAMHSC can support the regional AOD Plan.

## HEALTH WORKFORCE AND ROLE MODELS

## CULTURAL AND SOCIAL WELLBEING

**PRIORITY 1**  
Support the development of Aboriginal men's gatherings that focus on cultural strengthening, education, awareness of health issues, and strengthening mental health and social and emotional wellbeing.

### ACTIONS:

- Develop a funding application document ready to submit to obtain funding for regular Men's Health Gatherings.
- Decide and confirm locations for Men's Health Gatherings in 2026, 2028, and 2030.
- Promote KRAMHS Men's Health Gathering 2024 at local, state and national levels.